



SAVVY SINGING LITTLES

Sing & Play Checklist

AGES 1 TO 6

FREE DOWNLOAD

FUN DAILY SINGING GAMES

01 Wiggle Warm-Up



02 Sing & Play Games



03 Happy Voice Care



04 Listen & Learn



GET READY

Wiggle Warm-Up

The sillier the warm-up, the better it works! Grown-ups join in too.

- ☐ Wiggle your body like a noodle
- ☐ Reach up high, then flop down low
- ☐ Blow motorboat lips: brrrr
- ☐ Yawn big like a sleepy lion
- ☐ Buzz like a bee: bzzzz
- ☐ Slide your voice up high and down low

Sing & Play Games

Repeat your favorites over and over, that's how you learn best!

☐ Sing a nursery rhyme with hand actions

☐ Make animal sounds: moo, baa, woof

☐ Sing high like a bird, low like a bear

☐ Echo game: copy a line back

☐ Sing your name and favorite color

☐ March and sing at the same time

Happy Voice Care

Singing should never hurt. Sing big, but never scream!

- ☐ Drink water to keep your voice happy
- ☐ No screaming, sing instead
- ☐ Take a quiet break if your throat feels funny
- ☐ Have fun, there's no wrong way to sing!
- ☐ Be proud of your singing

Listen & Learn

Good singers have good ears. Listen carefully!

- ☐ Listen to a song all the way through
- ☐ Clap along to the beat
- ☐ Sing loud like a lion, soft like a mouse
- ☐ Match a note your grown-up sings
- ☐ Make up a silly song about your day

KEEP SINGING

Get the Sing & Play eBook

This checklist is just a peek! The full Sing & Play guide is packed with games, songs, and tips to make singing super fun.

GET THE EBOOK